

Personal Profile

(To be completed by each prospective foster or adoptive parent.)

My Family History

Name of person completing this section:

In what city and state (country if you were not born in the United States) were you born?

Where did you live (location) throughout your childhood?

List all recreational and community activities you currently participate in and the amount of time you spend on them each week.

- Who were all the people (parents, siblings, other family members, other unrelated people) who lived with you in your home at any time throughout your childhood? (Enter their name, birthdate, relationship status, relationship and current location, occupation, children, and health status below.)

Name	Birthdate (MM/DD/YY)	Single, Married, Divorced	Relationship and Current Location	Children	Occupation	Current Health Status

2. Was there anyone **not** in your home or immediate family with whom you were especially close? Identify the person and why you were close.

3. Of all the people you listed in question 1, where are these people now? Describe your current relationship and how often are you in contact with them.

4. In what ways have you maintained the relationships of people important to you?

5. Of all the people listed in number 1, when you were growing up, to whom were you the closest and to whom did you have difficulty getting along with and why?

6. When you were growing up, what were the ways your family members showed affection, love, and feelings of happiness toward one another?

7. Are you comfortable receiving affection from others and how do you show affection to others?

8. How and by whom were you disciplined as a child:

Under the age of six: _____

From age six to twelve: _____

As an adolescent: _____

9. Describe how you handle difficulties in your life such as problems, stress, frustration, and crises. Please give some examples.

10. Please indicate the relationship (spouse, friend, co-worker, supervisor, parent, teacher, other) and give examples of how you accept help or feedback.

11. Were there any significant or traumatic experiences in your family (loss of fertility, death, divorce, addiction, accident, violence, abuse, separation, and loss, etc.)? Please identify the experience and how you handled the experience.

12. When you were growing up, what were the ways your family members expressed feelings such as the following:

Anger: _____

Disappointment: _____

Frustration: _____

Sadness/depression: _____

Stress: _____

13. Compared to other families you have known, both as a child and as an adult, would you say your family was happier or less happy than most families?

Happier

Less happy

14. What family traditions with which you grew up do you still keep today, and why? Are there new traditions, and why?

15. Are there family traditions with which you grew up that you do not keep, and why?

16. Think back to the time when you left home to be on your own.

a. How old were you? _____

b. Why did you leave? _____

c. How did you and your family feel about your leaving home?

17. If you have been previously married or lived together in an intimate relationship, please complete questions 14 through 17. If not, go to question 18.

	Marriage or Relationship #1	Marriage or Relationship #2
Name of spouse of significant person		
Date of marriage or beginning of relationship		
Place of marriage		
Reason marriage or relationship ended (e.g., divorce, death)		
Date marriage or relationship ended		

List other marriages or significant past or current romantic relationships here:

18. Please list any children you have, including children from previous marriages or relationships, who **do not** currently live with you.

Name	Date of Birth	Where They Live, With Whom	Relationship to you (birth child, stepchild, adopted, not legally related)

19. What contact do you have with the persons listed in questions 17 and 18? How do they feel about your desire to become a foster parent or adoptive parent?

20. Identify your emotions about the ending of your marriage. Describe how you handled those emotions.

21. If you have remarried, or entered into a new relationship with someone other than your children's father, how did your children adjust to the new person?

22. How did you meet your spouse or the person with whom you are living?

23. How long have you:

- a. Known each other? _____
- b. Been married? _____
- c. Been living together? _____

24. What do you think was the main reason you married or entered into a relationship with this person and the main reason you have stayed together?

25. What do you like most about your spouse or partner? What do you think your spouse or partner likes most about you?

26. What would you most like to change about your spouse or partner? What do you think your spouse or partner would like to have you change?

27. What do you most like about being married or living with someone?

28. What do you least like about being married or living with someone?

29. What would make you want or consider a divorce or an ending of the relationship?

30. How much time during the week do you and your spouse or partner have alone together and is this enough time?

31. What are some ways you spend time together as a couple?

32. What was the biggest disappointment or loss you have had in your life (i.e., loss of fertility, divorce) and how did you cope with it?

33. Describe your values and your life goals.

My Social and Work History

1. Please list the name of the schools you attended and how many grades you completed in school (junior high, high school, college, graduate school) and the year you graduated high school.

2. If you did not complete high school, what were the reasons?

3. If you have attended college, what was your field of study and what degree and year did you receive?

<p>4. As you think back over all your school experiences, were they primarily good experiences or bad experiences? Please explain.</p> <hr/> <hr/> <hr/> <hr/>
<p>5. What kinds of school experiences did you like the most (for example, what subjects, what activities)? Please explain.</p> <hr/> <hr/> <hr/> <hr/>
<p>6. What parts of school were the most difficult for you (what classes, what activities)? Please explain.</p> <hr/> <hr/>
<p>7. Describe any experiences you have had with children in special education programs.</p> <hr/> <hr/>
<p>8. How important will grades and school performance be for the child placed in your home?</p> <hr/> <hr/>
<p>9. How will you support an adopted child in post-high school education?</p> <hr/> <hr/>
<p>10. What are your school expectations for a child placed in your home?</p> <hr/> <hr/>

11. Please list your work history from first to current job:

Places You Have Worked	Job Title	Length of Stay	Reason for Leaving

12. Of all the jobs listed, which did you like best and why?

13. Of all the jobs listed, which did you like least and why?

14. If you are currently employed, please describe your job.

a. What do you do at work?

b. How long would you like to keep this job? What are your plans to look for another job within the next few years?

c. How do you think becoming a foster parent or an adoptive parent might affect your work?

My Interests In and Expectations of Foster Parenting or Adopting

1. What made you think about becoming a foster or adoptive parent at this time?

2. Have you ever been in foster care, were you adopted, or do you know anyone who has been in foster care or adopted?

Yes No If yes, please explain.

3. If yes, how did your own experience or contact with these people affect your interest in foster care or adoption?

4. What do you believe to be the major differences between foster care and adoption?

5. Are you only interested in foster care?

Yes No

What helped you decide to do only foster care?

6. If you are interested in possibly adopting through the foster care program, what are your concerns?

7. If you are interested in only adopting, why do you prefer to adopt rather than foster?

8. If you are interested in becoming a foster parent, under what circumstance (if any) might you later consider adopting a child?

9. If you are interested in becoming an adoptive parent, under what circumstance (if any) might you later want to foster?

10. Are you physically able to have birth children?

Yes No

If yes, are you planning to have a child or children by birth in the future?

Yes No

If no to either question, please explain.

11. As you think about becoming a foster or adoptive parent:

a. What do you think you will like most?

b. What do you think you will like least?

c. If applicable, how do you think being a foster or adoptive parent will impact future potential relationships?

d. What do you think others in your family will like best and least about having a new child in your home?

12. If you have parenting experience, what have you:

a. Enjoyed most? _____

b. Disliked most? _____

13. What ages do you:

a. Most enjoy? _____

b. Least enjoy? _____

14. Give an example of how you would parent a child with special needs or behavioral needs.
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15. How would you avoid power struggles and de-escalate a child in a crisis?

16. Please indicate how you were parented and if your parenting style is the same or different than how you were parented. Give an example of your parenting style, including discipline techniques you find to be most effective.

17. Under what circumstances do you think it is okay to spank or physically discipline a child?

18. Foster parents are expected to care for any age or gender of child, though our agency tries to place children with families who can best meet the needs of the child. We match your strengths and descriptions of the type of child you can best parent with the children who need placements. While you may have a preference for a certain age or gender of child, you may be contacted as a match for children that do not meet your preference. Please describe the child that you feel would best fit into your family. Be as specific as possible: age, sex, personality, appearance, family background, siblings, race, ethnicity, etc.

19. Have you ever been a parent to someone else's child?

Yes

No